꒰ About Me ꒱

INFP-T

Capricorn

Jan-15-1998

5’2 - 234lbs

BPD-AuDHD

In therapy

Mentally disabled – Can't work

Body dysmorphia and Agorophobia

Hello. You can call me Toots.

I'm a little weird, but I'm a really good person.

A lot of people mistake me for being mean, selfish or loud, but to be honest I'm just autistic.

I have always been a very open, honest and blunt person, I don't often speak but when I do I tend to be very hyper or very honest, often speaking what's in my head before I can even think about what I am saying.

But despite those things I try very hard to be there for others, whether it's for mental health needs or company. I have been told many times I'm a great listener or that I'm pretty socially intelligent when it comes to others feelings or needs, I often find myself helping others a little too much sometimes which puts others before myself and a lot of times it has put me in scenarios where people have used/abused or created lies about me for their own gain.

I lately have been mute a lot because of these things. People taking me for granted and spreading false information and slander against me, for what reasons I will never know, my only guess is because I treated them so well that they have to ruin my image before anyone can see I wasn't the problem.

I speak my mind, I say what I need to and I never hold in my feelings, I am extremely intact with my emotions and I'm not afraid to express my fears, worries and anxieties, and most

times people who can't be mature enough or knowledgeable enough on how to handle clear emotions and communication take the things I say to twist them and use them against me, often making me seem crazy/psycho, rather than seeing their actions and reevaluating them.

I have been bullied and abused since I was an infant, whether by family, friends, strangers or friends of friends/family. I have a very clear understanding and am very socially aware because of my traumas, and often times when I call out the truth people will deny deny deny and start to create lies about me so their truth doesn't show itself, but as always I get the basic “I should have listened to you” when the people I exposed start to do the same thing to others.

I am always the person people come to for help, but not often tne person people open their arms to when i need the help.
I dont like to ask for help do to history of neglect and rejection, so often times i am alone or explode from pent up emotions.

I am mentally disabled do to severe bullying through school from kindergarten to 9th grade (when I dropped out do to bullying), and sexual abuse from the time I was an infant from my uncle until I was 9 and other sexual abuse from boys/men since I was 5 until my last relationship in 2023.
I have been raped, molested, groomed, coerced and love bombed for sex for many years

by men/boys since I was 5, often from them offering to buy me things, giving me a lot of affection/care or saying all the right things, which has lead me to be abused mentally and verbally when I start to see their tactics into my pants, whether it was me catching them cheating or not tolerating being gaslighted and manipulated for expressing/venting about things they were doing that bothered me.

And in the end, everything I have ever exposed/confronted them for was proven correct, whether being caught by others or myself.

A lot of times after I try to expose my abusive ex's no one has listened then a lot of times people will come to me apologizing for not trusting/believing me.

There are a lot of lies on my name from people I helped/tried to help, protected, cared for, spoiled and even defended. Including fabricated messages, out of context screenshots and videos, or just he said she said rumors.

I will never know why these people did what they did to defame me and slander me, but what I will say is, I forgive you, I forgive you because I know there is obviously a battle you're fighting within yourself to hurt someone who was nothing but kind to you or tried to help you.

I truly hope that one day you can heal and make up for the damage you have done to yourself and others, And I myself apologize for any harm I created that made you feel a certain way, whether it was through my jealousy, overthinking or mood swings from not being able to control my emotions.

I am not perfect and I learn everyday, but I will never in my life hurt people the way you have hurt people.